

# AdrenaVantage AG™

## Adrenal Support

### Improves Mental and Physical Performance

#### Product Summary

According to the American Psychological Association's "Stress in America" survey, 22% of those interviewed consistently reported high levels of extreme stress in their lives.<sup>1</sup> The consequences of untreated chronic stress can trigger a wide variety of significant medical issues including anxiety, depression, coronary heart disease (CHD), insomnia and obesity.<sup>2</sup> The link between heart disease and stress is clear. Research has shown that 40% of patients with CHD have clinical depression, whereas the prevalence of depression in the general population at large is 5 to 10%.<sup>3</sup> Numerous therapeutic interventions for the treatment of chronic stress are available including cognitive behavioural therapy, yoga, tai chi, music, and active relaxation training.<sup>4-8</sup> Other complementary medicine options include the use of herbs, broadly classified as adaptogens, which aid in both the physiological and psychological adaptation to numerous external and internal stressors.<sup>9</sup> AdrenaVantage AG contains several of the most clinically researched adaptogens including *Rhodiola rosea*, *Eleutherococcus senticosus*, and *Withania somnifera*.

#### Unique Features

- Rhodiola helps to improve depression, anxiety, and stress related fatigue<sup>10,11,12</sup>
- Eleutherococcus increases immunity and increases work capacity<sup>13,14</sup>
- Schisandra enhances endurance, accuracy of movement and mental performance<sup>15</sup>
- Withania exerts anti-inflammatory, anti-tumour, anti-stress, antioxidant, immunomodulatory and hemopoietic properties<sup>16</sup>
- Suma improves immunity (macrophage activity) *in vivo*<sup>17</sup>
- Suitable for vegetarians/vegans

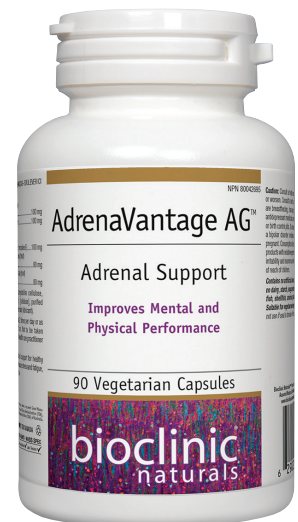
## AdrenaVantage AG™

Adrenal Support

90 Vegetarian Capsules

Code: 9670

NPN: 80042695



**Actual size:** 24.95 mm x 8.37 mm  
**Feature:** Herbal support for chronic stress

## Supplement Facts

Serving size: 1 Vegetarian Capsule  
 Servings per container: 90

### Each Capsule Contains:

Rhodiola Extract ( <i>Rhodiola rosea</i> ) (root) (3.5% Rosavins) .....	100 mg
Suma Powder ( <i>Pfafia paniculata</i> ) (root) .....	100 mg
Siberian Ginseng Extract ( <i>Eleutherococcus senticosus</i> ) (root) (0.25% Eleutherosides B, 0.4% Eleutherosides E) .....	100 mg
Schisandra Extract ( <i>Schisandra chinensis</i> ) (fruit) (2% Schisandrins) .....	80 mg
Ashwagandha Extract ( <i>Withania somnifera</i> ) (root) (1.5% Withanolides) .....	80 mg

**Non-medicinal Ingredients:** Microcrystalline cellulose, vegetarian capsule (carbohydrate gum [cellulose], purified water), vegetable grade magnesium stearate (lubricant).

**Contains no artificial colours, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, corn, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans.** Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

**Recommended Adult Dose:** 1 capsule 2 times per day or as directed by a health care practitioner. Not to be taken immediately before bedtime. Consult a health care practitioner for use beyond 1 month.

**Recommended Use:** Provides nutritional support for healthy adrenal and thyroid function. Helps to reduce stress and fatigue, as well as to increase energy production.

**Contraindications:** Consult a health care practitioner if symptoms persist or worsen. Consult a health care practitioner prior to use if you are breastfeeding, have any type of acute infection, are taking antidepressant medication, hormone replacement therapy (HRT) or birth control pills.<sup>18,19</sup> Do not use if you have high blood pressure, a bipolar disorder or bipolar spectrum disorder, or if you are pregnant. Consumption with alcohol, other drugs or natural health products with sedative properties is not recommended. May cause irritability and insomnia, in which case discontinue use.<sup>18</sup> Keep out of reach of children.

**Drug Interactions:** Do not take with the warfarin.<sup>20</sup>

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Bioclinic Naturals® products are guaranteed to meet or exceed Good Manufacturing Practices (GMP) of the U.S. Food and Drug Administration (FDA), Health Canada, and the Therapeutic Goods Administration (TGA) of Australia.



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