



Cilantrex (Herbal Extract)



Recommended Use:

- Heavy metal detoxification
- Digestive aid

Cilantrex contains cilantro (*Coriandrum sativum*), which is a well-known herb traditionally used in many cultures as a digestive aid and to support the health of the intestines. Cilantro has a carminative, slightly spasmolytic and stimulating effect on the secretion of the gastric juices. Cilantro plays another essential role in the body by supporting heavy metal detoxification.

Heavy metal poisoning is more common than previously recognized, often goes undiagnosed and can be difficult to treat. It is now widely accepted that many conditions related to nervous system disorders are directly linked to heavy metal poisoning. Cilantrex mobilizes heavy metals (including mercury, aluminum, lead and tin) from tissues, so that they can be further excreted from the body using binding chelation agents (such as chlorella). According to Dr. D. Klinghardt and Dr. Y. Omura, cilantro is the only natural chelating agent that can effectively penetrate the blood-brain barrier and mobilize mercury from the brain and spinal cord.

Due to the herb's ability to bind metal particles, unpolluted soil is of utmost importance in cilantro cultivation. After extensive testing and analysis of globally available sources of cilantro, Nestmann Pharma determined that the purest and highest quality source could be derived from Israel. Nestmann Pharma also chose a dry extract in the form of a tablet that guarantees better stability of the product (versus a liquid extraction that has the tendency for chemical changes due to oxidative decomposition).

Recommended Dosage:

Adult: Take two tablets 3 to 4 times daily or as directed by a health care practitioner.

Caution/Warnings:

Do not use if you are allergic to the plants of the Apiacea/Carrot family. Consult a health care practitioner if symptoms persist or worsen.

Contraindications:

Consult a health care practitioner prior to use if you are pregnant or breastfeeding. Consult a health care practitioner prior to use if you have diabetes or are taking medication to control blood glucose levels. Hypersensitivity (e.g. allergy) has been known to occur, in which case, discontinue use.

Medicinal Ingredient:

Each tablet contains:

Coriandrum sativum (Cilantro) 220 mg

Non-Medicinal Ingredients: Cellulose, lactose, starch, magnesium stearate.

Ingredients:

Cilantro

Uses:

Heavy metal detoxification, (including mercury deposits), dyspeptic complaints and loss of appetite, stimulant, aromatic and carminative.

Clinical Pearls:

The Cilantrex tablet should be slowly dissolved in the mouth for maximum absorption.

While Cilantrex acts to mobilize heavy metals, Biorella (chlorella) acts to bind and excrete the heavy metals via the intestine (which means it doesn't involve the kidneys for excretion). Therefore, it is advised during heavy metal detoxification to use Biorella for approximately four weeks before adding Cilantrex to begin the active mobilization process. Refer to the heavy metal detoxification protocol for more details.

It is advised to remove all amalgam dental materials before using Cilantrex, as this could become a source of mercury that Cilantrex draws from.

Eating fresh cilantro and taking Biorella daily is a relatively inexpensive and effective method to gain exceptional nutritional and detoxification (heavy metals, chemical, pesticide) benefits.

Solidago or Bucco with horsetail tea increases kidney function during heavy metal detoxification and chelation therapy.

Refer to heavy metal detoxification protocols for more details.