

Self Development

Rubimed Remedies (PSE)

Psychosomatic Energetics

CHAVITA 2 (50ML)



Chavita 2 is the remedy for the second or sacral chakra. This chakra is situated in the lower abdomen below the navel, is associated with the adrenal glands and regulates the autonomic function. The energetic function is to create and sustain balance, especially during stressful situations. This chakra also regulates water metabolism, adrenal hormones (adrenaline and cortisol), maintenance of mineral reserves, toxin excretion and functions with respect to behaviour during stress (fight or flight response).

Recommended Dose: Take 12 drops two times a day or as directed by a health care practitioner

Ingredients:

- Platinum metallicum C50
- Causticum C200
- Argentum metallicum D21
- Thuja occidentalis D21
- Juniperus virginiana D21
- Lavandula angustifolia D21
- Glandula suprarenalis suis D21

Non-Medicinal Ingredients:

- alcohol