Are you drinking too much coffee?

Is a gluten-free diet right for you?

What about a high protein diet for weight loss?



Learn more about Nutrigenomix[®] by visiting www.rmalab.com or call us at 1-866-370-5227



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NUTRIGENDMI &

NEW TEST 45 genetic markers

Genetic Testing for Personalized Nutrition

Welcome to Nutrigenomix[®]

- Comprehensive genetic test consisting of 45 genetic markers.
- Developed by world-renowned researchers.
- Genetic tests are based on the most robust scientific evidence.
- DNA is analyzed using a simple saliva sample.
- Personalized recommendations developed based on your unique genetic profile.
- Contact your healthcare provider to get started and *eat according to your genes*!

The answer may be in your genes

In 480 BC, Hippocrates noted that "positive health requires knowledge of man's primary constitution". This was just an ancient way of saying that we cannot achieve optimum health without knowing about our genes. We now know that specific variations in our genes can explain how we will respond to the foods, beverages and supplements we consume.

Learn how your genes can affect:

Weight Management

Eating Habits

Nutrient

Metabolism

Physical Activity

Cardio-

metabolic

Health

Food

Intolerances

Injury Risk