# Step 3

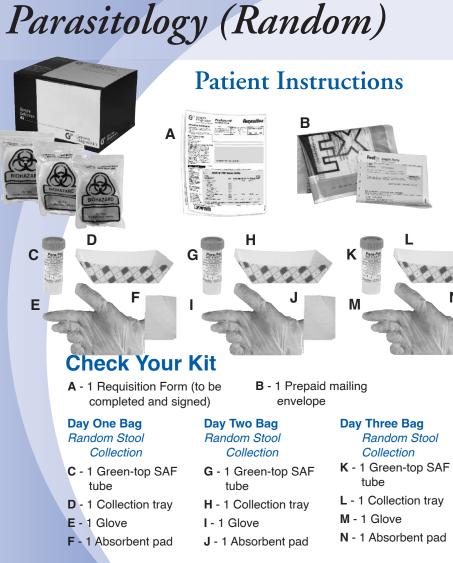
### Ship the stool specimen to the lab

Specimen must be returned in the Genova Diagnostics kit box for correct delivery to the lab. Not following these instructions may result in a shipping charge.

- Plan to ship the specimen Monday Friday overnight delivery only.
- Call 1.800.GoFedEx (1.800.463.3339) to schedule shipping. When the automated system asks "How may I help you?" say "Return a Package." Tell the FedEx representative "I am using a billable stamp" and they will walk you through the process and make it easy.
- Place the Day One, Day Two and Day Three biohazard bags inside kit box and place your completed and signed requisition form on top before closing. Do NOT staple or tape box.
- Print your name and address in the section marked "From" on the prepaid shipping envelope label. *DO NOT mark or write in any other sections.*
- Put the kit box into the prepaid mailing envelope and seal the envelope.
- Keep your shipment and tracking numbers for future reference and tracking purposes.







 If any items are missing or expired, call Client Services at 800.522.4762 and press "1".

Keep the kit box for shipping your specimen to the lab.

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### Step 1

### Important things to know and consider

- Extreme care should be used when opening and filling vials. Do not spill or discard any tube fluid. Avoid contact of the eyes or skin with the fluid in the tube. For contact with eyes, wash thoroughly for 15 minutes. For skin contact, wash thoroughly with soap and water. Do not inhale or ingest liquid. For accidental ingestion, contact your healthcare provider at once.
- The following are interfering substances and should be discontinued unless directed otherwise by your physician: bentonite clay, castor oil, mineral oil and rectal suppositories. If you are taking a medication that isn't listed as an interfering substance, ask your health care professional before stopping any prescribed substance.
- We do not suggest collecting during an acute infectious illness. Wait at least 4 weeks from colonoscopy or barium enema before beginning the test.
- 2 weeks before the test: If taking antibiotics or antifungals, it is recommended that you wait at least 14 days after your last dose before beginning the test (unless instructed otherwise by your physician).
- Eat your usual diet during the 2 3 days prior to the stool collection.

#### **Schedule & Prepare for Stool Collection**

- Plan for Monday-Friday collection only: Specimens must be received in the laboratory within 4 days of Day 3 collection. If you take the test over the weekend, call FedEx to schedule a pick-up on Monday.
- Contact FedEx and schedule to ship the specimen overnight delivery Monday - Friday.
- Storing your samples: Send in your samples as soon as you complete the test. Store samples at room temperature or refrigerate. Do NOT freeze.
- Complete the Requisition Form with all patient and billing information. Be sure it is signed by the Patient/Responsible Party and the healthcare provider.

#### Prepare your specimen using these collection tubes on these days:

Day One:	1 Green-top SAF tube
Day Two:	1 Green-top SAF tube
Day Three:	1 Green-top SAF tube

## Step 2: Stool Collection

Not following these instructions may affect the test results.



Pass urine into the toilet if necessary. Pass stool into the collection tray. Do not let urine or water from toilet touch the stool specimen.



Open the green-top SAF collection tube. Using the spoon in the cap of the tube, pick up several portions of stool from contrasting areas in the tray. Be sure to collect any blood or pus and samples from areas of different color or texture. Add sufficient stool sample for stool and tube liquid to reach the red "fill" line, as shown on the label. **Do NOT overfill.** 



Mix and mash the specimen with the spoon until the sample is thoroughly mixed and is as smooth as possible.



Recap the tube and check to ensure it is securely capped. Then, shake well until mixed thoroughly.



Write your name and the date the specimen was collected on the tube label.



Be certain caps are tight for shipping. Place your filled tube in the Biohazard bag corresponding to the day's collection. Seal the bag securely. Store samples at room temperature or refrigerate. **Do NOT freeze.** 

On **Day Two** and **Day Three**, repeat steps 1 through 6.

Consult your healthcare provider if you have any questions at any time during this test.