



## PRODUCT INFORMATION

### Self Development

Rubimed Remedies (PSE)

Psychosomatic Energetics

## EMVITA 12 (50ML)



**Emvita 12 (Mental Overexertion)** Emotional issues addressed: You have difficulty trusting others and possibly even yourself. You may have the tendency to over-think things and try to analyze what others say or mean. You feel mentally overtaxed, exhausted, or overwhelmed and under pressure for all you have to do. It might be difficult to concentrate and there may be an internal feeling of wanting to escape. You try to keep your emotions under control and tend to be more rational than emotional.

This conflict can be due to abandonment, rejection, death, divorce, grief, or betrayal. A broken trust has led to over analyzing the intention of others and the need to feel in control. The feeling of lack of control is expressed through the attempt to control one's emotions, plan things, or potentially try to control everything going on around them.

**Guidance:** You need to develop trust in life and go with the flow without needing to have everything under control. You do not need to plan for everything. Being human is about being emotional.

Positive Affirmation: *I confidently trust that all is perfect, just as it is.*

#### Ingredients:

- Apis mellifica C800
- Baryta carbonica LM18
- Graphites D21
- Ignatia amara LM16
- Naja tripudians C800
- Eschscholtzia californica D21
- Glandulae thymi D21

#### Non-Medicinal Ingredients:

- alcohol

**Recommended Dose:** Take 12 drops two times a day or as directed by a health care practitioner