



PRODUCT INFORMATION

Metabolic Typing

CALCIUM MAGNESIUM ASPARTATE 30MG/150MG



Calcium Aspartate/Magnesium Aspartate is used for an Anaerobic Metabolic Imbalance. There are two main aspects to an anaerobic imbalance:

- Instead of combining glucose (the main fuel of the body cells) with oxygen to produce energy, glucose is fermented by the cells and lactic acid is produced. This is not an efficient way to produce energy and fatigue results.
- The high level of sterol fats (eg. cholesterol) and not enough fatty acids in the cell membranes decreases cellular permeability.

Recommended Dose: 1 capsule 1x daily or as directed by a health care practitioner.

Ingredients:

- Magnesium (Aspartate) 150mg
- Calcium (Aspartate) 30mg