



PRODUCT INFORMATION

Meal Replacements

ULTRA MEAL RICE VANILLA



UltraMeal RICE is a tasty, non-dairy, nutritionally fortified, powdered meal replacement for those who want to support healthy body composition but may be sensitive to soy. The rice protein in UltraMeal RICE is suitable for modified dietary elimination programs.

- Provides a convenient, satisfying, low-glycemic-index meal replacement. (Glycemic index of 42 when referenced against glucose.)
- Offers a comprehensive, healthy source of foundation nutrition with all essential vitamins and minerals.
- Ensures a high quality source of vegetable (rice) protein.

Recommended dose:

Blend, shake or briskly stir about 2 level scoops (52 grams) of UltraMeal RICE into 8 fluid ounces of chilled water twice daily, or as directed by your healthcare practitioner.

Serving Size: About 2 Scoops (52 g)

Calories 190

Calories from Fat 45

Total Fat 5 g

Saturated Fat 1 g

Trans Fat g

Cholesterol mg

Sodium 65 mg

Potassium 450 mg

Total Carbohydrate 26 g

Dietary Fiber 4 g

Sugars 14 g

Protein 15 g

Vitamin A 35%

Vitamin C 100%

Calcium 60%

Iron 20%

Vitamin D 10%

Vitamin E 35%

Thiamin 50%

Riboflavin 50%

Niacin 50%

Vitamin B6 1250%

Folate 100%

Vitamin B12 500%

Biotin 50%

Pantothenic Acid 50%

Phosphorus 60%

Iodine 50%

Magnesium 40%

Zinc 50%

Copper 50%

Manganese 100%

Chromium 80%

Other Ingredients: rice protein concentrate, fructose, olive oil, Dutch processed cocoa, rice syrup solids, natural flavors, dicalcium phosphate, magnesium citrate, partially hydrolyzed guar gum, potassium chloride, silica, ascorbic acid, zinc gluconate, L-lysine HCl, pyridoxine HCl, L-threonine, d-alpha tocopheryl acetate, niacinamide, copper gluconate, D-calcium pantothenate, thiamin HCl, riboflavin, chromium polynicotinate, retinyl palmitate, folic acid, L-5-methyltetrahydrofolate (as calcium L-mefolate), biotin, potassium iodide, cyanocobalamin, cholecalciferol.