

# Step 3:

## Ship the stool specimen to the lab

Specimen must be returned in the Genova Diagnostics kit box for correct delivery to the lab. Not following these instructions may result in a shipping charge.

- Plan to ship the specimen **Monday – Friday overnight delivery only**.
- Call 1.800.GoFedEx (1.800.463.3339) to schedule shipping. When the automated system asks “How may I help you?” say “Return a Package.” Tell the FedEx representative “I am using a billable stamp” and they will walk you through the process and make it easy.
- **Seal white-top cup in the biohazard bag.**
- **Place the biohazard bags inside kit box** and place your **completed and signed requisition form** on top before closing. If your healthcare provider has ordered the additional biohazard bag, please place this bag in the kit box as well. *Do NOT staple or tape box.*
- **Print your name and address** in the section marked “From” on the prepaid shipping envelope label. *DO NOT mark or write in any other sections.*
- Put the kit box into the prepaid mailing envelope and seal the envelope.
- Keep your shipment and tracking numbers for future reference and tracking purposes.

# Gut Immunology

IS-2740

## Patient Instructions



## Check Your Kit

- A - 1 Collection tub
- B - 1 Holder to suspend collection tubs over toilet (provided separately from kit)
- C - 1 Empty white-top cup
- D - 1 label
- E - 1 Flat wooden stick
- F - 1 Glove
- G - 1 Biohazard bag
- H - 1 Small cardboard return box
- I - 1 Requisition (to be completed and signed)
- J - 1 Prepaid mailing envelope

- If any items are missing or expired, call Client Services at 800.522.4762 and press “1”.
- Keep the kit box for shipping your specimen to the lab.

# Step 1:

## Important things to know and consider

- **2 days before the test:** It is recommended that you discontinue use of over-the-counter suppressants of inflammation like aspirin and/or non-steroidal anti-inflammatory drugs (ibuprofen, Advil®, Motrin®, Nuprin®) unless requested to continue by your physician.

## Schedule & Prepare for Stool Collection

- **Plan for Monday-Friday collection only: Specimens must be received in the laboratory within 4 days of Day 3 collection.** If you take the test over the weekend, call FedEx to schedule a pick-up on Monday.
- **Contact FedEx and schedule to ship the specimen overnight delivery Monday - Friday.**
- **Storing your samples:** Send in your samples as soon as you complete the test. Store samples at room temperature or refrigerate. **Do NOT freeze.**
- **Complete the Requisition Form** with all patient and billing information. Be sure it is signed by the Patient/Responsible Party and the healthcare provider.

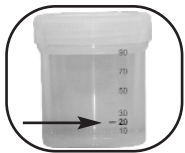
# Step 2:

## Stool Collection

Not following these instructions may affect the test results.



- 1** Pass urine into the toilet if necessary. Pass stool into the collection tub. Do not let urine or water from toilet touch the stool specimen.



- 2** Look closely at the empty white-top cup. Find and mark the 20-ml line.



- 3** Using the flat wooden stick provided, pick up several portions of stool from contrasting areas in the collection tub. Add sufficient stool sample to reach the 20-ml line. Using the wooden stick, mix stool. Recap the cup and check to ensure it is securely fastened. Do not overfill.



- 4** Write your name and the date the specimen was collected on the label and apply to white-top cup.



- 5** Put the white-top cup containing the sample in the small cardboard box. Place the small cardboard box inside the biohazard bag and seal securely. Discard the collection components.

**Consult your healthcare provider if you have any questions at any time during this test.**