



PRODUCT INFORMATION

Self Development

Rubimed Remedies (PSE)

Psychosomatic Energetics

EMVITA 6 (50ML)



Emvita 6 (Perseverance and Somatized Fears)

Emotional issues addressed: You appear calm and controlled on the outside, but are full of worry, anxiety or apprehension on the inside. You may not be aware of anxious feelings, as you want to feel mentally strong. Tension, anxiety, worry or fear is deposited into the body's cells and organs (somatized fears), creating physical symptoms (i.e. low back pain, diarrhea). You experience chronic mental and physical overexertion, yet continue to push past your own boundaries and have a hard time saying 'no'.

This conflict can be due to neglect, denial of feelings or abuse. There is a feeling or belief that in order to be loved and accepted, one must perform his/her duties while remaining strong, despite being overtaxed with no time for relaxation. There is never time to relax on the sofa, as there are too many things to be done (work, chores, children, groceries, meals, family, appointments, etc.)

Guidance: Develop the ability to recognize and acknowledge your limits and give yourself permission for times of rest and relaxation. Listen to your body, learn to say no and work to overcome your inner anxiety.

Positive Affirmation: My body has its own inner wisdom and I am secure within.

Ingredients:

- Phosphorus C800
- Secale cornutum LM16
- Arsenicum album LM18
- Lachesis mutus D21
- Glandula suprarenalis suis D21

Non-Medicinal Ingredients:

- alcohol

Recommended Dose: Take 12 drops two times a day or as directed by a health care practitioner