

Homeopathic Remedies are a non-toxic way to help to prevent the sequelae of infectious diseases. Their intent is to expose the body to a non-infectious, energetically active disease pattern. This appears to help prepare the body for an actual exposure, although antibodies are NOT formed to the infectious agent. For a discussion of risks and benefits of the childhood diseases and the rates of success of homeopathic prophylaxis, please request the *Immunization Handout* from our office.

The homeopathic nosodes (nosode=homeopathic originally derived from an infectious source) can also be used as a treatment for the diseases in question. If you believe that you have contracted an infectious disease, see the notes below.

#### **Before You Start**

You should be in moderate to good health when taking a dose of the homeopathic pellets for preventative purposes, unless you are giving it as a remedy for the specific illness (for example, the influenza homeopathic can be given during an active flu illness). Start on Vitamin C the night before starting and continue for at least three days. I recommend 500mg per 25 pounds of body weight per day (to be lessened if any diarrhea occurs).

#### **Dosing**

Administer the first homeopathic twice daily for three consecutive days. Wait 4 days then administer the next Rx in the sequence found on the chart on page 3. This means that one homeopathic remedy a week will be administered until all remedies you are planning to use are dosed.

One to three pellets is a sufficient dose. The pellets should be administered directly into the mouth, under the tongue if possible, to dissolve. If a child is too young to take pellets directly, crush the pellet between two spoons, dissolve in a bit of water, and then administer. If you become sick STOP administration until full wellness resumes, then continue.

#### **Situations Requiring Immune Boost, for Children:**

- Where you know your child has been recently exposed to confirmed or suspected cases of the disease, use one or two doses daily until the outbreak has subsided.
- When you have a young child at home without many exposures to other children, repeating the series once per year will likely be sufficient.
- Children in daycare, school, or with repeated exposure to groups of other children should be dosed seasonally for diseases of concern.



## Instructions for Homeopathic Immune Boosting

- If there is an older child in the house that is school age, younger children in the family should be dosed seasonally since they will likely be exposed by casual contact with their sibling(s).

### Using the Homeopathic Remedies as Treatment

If you suspect that you or your child has an infectious disease, you may use the appropriate remedy as a treatment. Dose it two to four times per day as needed, and use supportive naturopathic measures as directed.

Store the remedies away from strong smelling odors (like Vicks Vapor Rub, coffee, perfume, essential oils etc) and keep dry and cool. Remedies will last MANY years if protected and stored properly.

**STANDARD KIT CONTENTS:** (Substitutions can be made to form a 10 Remedy Kit from all Rx's on this page)

Pertussin	Diphtheria
German Measles (Rubella)	Polio
Tetanus	Staphylococcus
Mumps (Parotidium)	Streptococcus
Measles (Morbillinum)	Influenza (flu)

### **Also available (non-standard):**

Meningococcus	Variolinum
Tuberculinum	Syphilis (Luesinum)
Chickenpox (Varicellinum)	Gonorrhea (Medorrhinum)
Mononucleosis	

### **For Vaccine reaction prevention – used if you choose to employ the vaccine:**

DTPP Vaccine	Hepatitis A Vaccine
MMR Vaccine	Hepatitis B Vaccine

### **Travelers' Prevention:**

Malaria	Hepatitis B
Typhoid	Yellow Fever
Hepatitis A	Dengue Mix