

Self Development

Rubimed Remedies (PSE)

Psychosomatic Energetics

EMVITA 24 (50ML)



Ingredients:

- Crotalus horridus C800
- Phosphorus LM16
- Matricaria chamomilla LM18
- Ignatia amara D21
- Pituitary posterium D21

Non-Medicinal Ingredients:

- alcohol

Recommended Dose: Take 12 drops two times a day or as directed by a health care practitioner

Emvita 24 (Uneasiness)- Emotional issues addressed: Constant tension and chronic stress lead to feelings of discomfort, uneasiness, muscular tension and chronic pain. You feel like you cannot relax and your body and mind has fallen out of harmony. You lack joy in your life, feel a mental disconnect, may experience feelings of depression and helplessness, and perhaps want to escape from your life responsibilities. You may feel the inability to be at ease or satisfied with yourself. You long to see and experience the beautiful things in life.

This conflict can be due to not being allowed to establish one's own identity, being in an unsafe environment, being told one thing and seeing another, or denial of intuition. This can be seen in children that were/are expected to get along in an adult world. There may be this deep feeling of being unloved or undeserving of love. This is the 'flight' version of adrenal collapse. Chronic tension, and chronic pain prevail with the disruptive negative thoughts reflecting the feelings of discontent, disconnection, hopelessness and depression.

Guidance: Listen for the needs and wishes within yourself, and fulfill them (including rest, relaxation, being loved, pampered and cared for).

Positive Affirmation: *I respect my body and listen to my needs, continuing my path of healing.*