



PRODUCT INFORMATION

Self Development

Rubimed Remedies (PSE)

Psychosomatic Energetics

EMVITA 21 (50ML)



Ingredients:

- Lachesis mutus C800
- Matricaria chamomilla LM18
- Magnesia carbonica D21
- Arsenicum album D21
- Pituitarum posterium D21

Non-Medicinal Ingredients:

- alcohol

Recommended Dose: Take 12 drops two times a day or as directed by a health care practitioner

Emvita 21 (Physical Overexertion) - Emotional issues addressed: You are driven, ambitious and always on the go, with the internal feeling of needing to be doing or accomplishing something. You may be seen as a workaholic, hyperactive or irritable. You are physically overtaxed and push past your own boundaries to fulfill your goals. You are unable to relax with the potential to burn out, as there always seems to be so much to do. You hope someone recognizes you for all the effort, but are often disappointed since through hurrying, you neglect your own needs and perhaps the needs of others.

This conflict can be due to not being allowed to establish one's own identity, being in an unsafe environment, being told one thing and seeing another, or denial of intuition. This can be seen in children that were/are expected to get along in an adult world. There can be hidden subconscious desires and goals, with potential underlying desire of power. Nail biting, hair pulling, lip biting, headaches or back pain may be signs of enormous pressure and tension one feels and warning signals of overstrain in the body.

Guidance: Learn to recognize your own boundaries and how much you can truly handle. Respect these limits. Make time for rest and relaxation.

Positive Affirmation: *I know my strengths and respect my limits, so that my body and mind remain in harmony.*