



Hydrastis Nasal Spray (Homeopathic)



Recommended Use:

- Sinusitis
- Chronic rhinitis
- Allergies
- Inflammatory nasal conditions

Hydrastis Nasal Spray works by decreasing inflammatory processes in the nose, stimulates secretions, prevents drying out of the nasal mucosa, regenerates the function of the mucous membranes and normalizes nasal breathing. It is used for sinusitis, chronic rhinitis, allergies, 'blocked' or dry nose, pharyngolaryngitis, and nose bleeds.

Recommended Dosage:

Adult: Take (spray) 1 to 2 drops in each nostril* several times daily (to a maximum of 5 times daily) or to be used on the advice of a health care practitioner.

Not indicated for small children.

*A mild burning sensation that may be felt for a few seconds after administration is harmless and helps to moisturize the nasal mucosa membrane. It will not dry out the nose and bleeding will not occur.

Ingredients:

Ephedra vulgaris
Hydrastis canadensis
Lycopodium clavatum
Mezereum
Petroleum
Pulsatilla
Thuja occidentalis

Uses:

Bronchial asthma and spastic coughing; breathing difficulty; headache.
Inflammation of the mucous membranes, discharge.
Inflammation of the respiratory tract, stopped up nose sniffles.
Neuralgia, other pains, sneezing.
Nostrils ulcerated, cracked, burned.
Headache, nervous disorder, inflammation, coryza, yellow mucus.
Skin and mucosal diseases, chronic catarrh, thick, green mucus.

Medicinal Ingredients:

Each 100 ml contains:

Key Ingredient:

Hydrastis canadensis D4 10 ml

Accompanying ingredients:

Ephedra vulgaris D3 10 ml
Lycopodium clavatum D3 10 ml
Mezereum D3 10 ml
Petroleum D8 10 ml
Pulsatilla D3 10 ml
Thuja occidentalis D10 10 ml

Non-Medicinal Ingredients: Ethanol, glycerol, water, Aqua hamamelidis (witch hazel).

Cautions/warnings: Consult a health care practitioner if symptoms persist or worsen.

Clinical Pearls:

Use Hydrastis Nasal Spray during air travel to prevent the nasal mucosa from drying out, which in turn helps prevent contracting infections.

For sinusitis, take 1 to 2 drops of Hydrastis Nasal Spray with 1 tab of Luffa tabs several times daily.

In cases of allergies with sinus involvement, take Hydrastis Nasal Spray at 1 to 2 drops in each nostril several times daily with 1 tab of Luffa tabs and 10 drops of Allernest three times daily.

Refer to sinusitis, allergy and cold and flu protocols for more details.