



## PRODUCT INFORMATION

### Self Development

Rubimed Remedies (PSE)

Psychosomatic Energetics

## EMVITA 3 (50ML)



**Emvita 3 (Overwhelm and Loss of Control)** Emotional issues addressed: You feel overwhelmed; not strong enough to cope with life's challenges. You hide your strengths from the world and live life as a never ending struggle. You experience indecision and tend towards postponing things or procrastination. You have feelings of helplessness, loss of control, or being stuck in certain circumstances. You feel dependent on others. You lack willpower, cannot face life's challenges and feel incapable of making changes for the better. You may hide behind a mask of managing and toughness.

This conflict can be due to never being allowed to be yourself and always relying on others. Past experience has shown that using your own talents and strengths leads to punishment and you have lost your confidence. Life circumstance has put too much on your plate, and you do not feel like you are in control of the outcome.

**Guidance:** Develop the feeling that your life is fulfilled by your own strengths. Be confident, see yourself for who you are, stand on your own two feet, confidently express your own opinion and point of view, and stand up resolutely for your convictions.

*Positive Affirmation: I am firmly and confidently rooted in life and I positively grow with each new day.*

#### Ingredients:

- Apis mellifica C800
- Hepar sulphuris LM16
- Conium maculatum LM18
- Bovista gigantea D21
- Oophorinum D21
- Orchitinum D21

#### Non-Medicinal Ingredients:

- alcohol

**Recommended Dose:** Take 12 drops two times a day or as directed by a health care practitioner