

### Self Development

Rubimed Remedies (PSE)

Psychosomatic Energetics

## CHAVITA 4 (50ML)



**Chavita 4** is the remedy for the fourth or heart chakra. This chakra is situated in the region of the heart, is associated with the thymus gland and regulates the immune system function in addition to the heart, lungs and circulation. The energetic function is developing trust and opening one's heart to love: developing trust in self, trust in others, trust in life, and loving oneself, loving others, and loving life. This chakra also deals with the immune system and allergies.

**Recommended Dose:** Take 12 drops two times a day or as directed by a health care practitioner

#### Ingredients:

- Ferrum metallicum C 50
- Zincum valerianicum C 200
- Aurum metallicum D 21
- Eucalyptus globulus D 21
- Cetraria islandica D 21
- Crataegus oxyacantha D 21
- Glandulae thymi D 21

#### Non-Medicinal Ingredients:

- alcohol