

Product Summary

L-theanine is an amino acid found almost exclusively in tea that influences the central nervous system through a number of mechanisms. It crosses the blood-brain barrier in a dose-dependent manner within 30 minutes, and influences levels of the neurotransmitters dopamine, gamma-aminobutyric acid (GABA), serotonin, norepinephrine, and glutamate. These effects cause a significant increase in alpha brain wave activity, indicative of a state of wakeful relaxation, increased performance under stress, improved learning and concentration, as well as decreased anxiety.

Studies also suggest that L-theanine may have neuroprotective properties against brain injury, such as that resulting from stroke, as well as from environmental neurotoxins. L-theanine's neuroprotective capacity has been attributed to its effects on N-methyl-D-aspartate (NMDA) receptors, and brain derived neurotrophic factor (BDNF) and glial cell line derived neurotrophic factor (GDNF) production. Because it reduces levels of norepinephrine, it has also been shown to have a hypotensive effect. In clinical trials, L-theanine has been shown to buffer sympathetic activity during stressful events, reducing subjective as well as physiological stress responses.

Unique Features

- Reduces stress and anxiety, restoring a calm mental state
- Contains Suntheanine, the most clinically studied L-theanine
- Suntheanine is a pure form of L-theanine, naturally extracted from green tea using a patented enzymatic process
- Chewable tablets are convenient and fast acting
- Delicious tropical fruit flavoured chewable



Calm-Pro™

The Green Tea Serenity Factor 100 mg

90 chewable tablets

Code: 9282

NPN: 80020918









Supplement Facts

Serving Size: 2 chewable tablets Servings per Container: 45

Each Tablet Contains:

Non-medicinal Ingredients: Organic cane juice, xylitol, stearic acid, silica, natural fruit flavour (pineapple, banana, pomegranate, mango, passion fruit, orange, tangerine, mandarin), citric acid, vegetable grade magnesium stearate (lubricant).

Contains no artificial preservatives, colours or sweeteners and no dairy, soy, wheat or yeast. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

Recommended Adult Dose: Chew 2 tablets per day or as directed by a health care professional. Keep out of reach of children.

Recommended Use: Calm-Pro contains Suntheanine L-theanine, the most abundant amino acid found in green tea, and helps induce a feeling of serenity and relaxation without drowsiness. L-theanine naturally stimulates activity in the brain known as alpha waves. Alpha waves are associated with a relaxed but alert mental state, which can help improve learning performance and concentration. Also helps to reduce stress and nervous tension, which can support an improved quality of sleep.

Contraindication: While no specific contraindication exists or is predicted, data is lacking for use during pregnancy, lactation, and in children, and the dosage may need to be reduced for those less than 18.

Drug Interactions: L-theanine is known to have a hypotensive effect in some individuals, and concomitant use of antihypertensive drugs may potentiate their activity.



· GUARANTEED ·

Bioclinic Naturals products are guaranteed to meet or exceed Good Manufacturing Practices (GMP) of the Canadian Government and the Therapeutic Goods Administration (TGA) regulations of Australia—among the world's highest standards for natural products.



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